

Rosenheim League – Eastern Division – Match Four
Tooting Bec, South West London June 18, 2008

Men

Match: 1 Belgrave H 73; 2 Herne Hill H 61; 3 Hercules Wimbledon 55; 4 Croydon H 49; 5 Striders of Croydon 33; 6 Serpentine 28; 7 South London H 22

100: 1 Jason Hussain (Belg) 10.8; 2 Owerka Wanogho (Croy) 11.1; 3 Yomi Adeyemi (HHH, U20) 11.4; 4 Darren Brown (SLH) 11.7; 5 Michael Adjei-Tabirade (HW, U17) 12.8; 6 Dave Lovell (SoC, M45) 14.1; 7 Neil White (Serp) 16.9

100 (n/s A): 1 Stedson Dockery (HHH, U20) 11.0; 2 Ashley Noble (HHH) 11.2; 3 Byron Robinson (HHH) 11.8; 4 Ashley Campbell (HHH, U15) 12.2; 5 Stephen McDuell (HW, M40) 13.5

100 (n/s B): 1 Clement Boateng (HHH, U20) 11.2; 2 Daryl Thomas (unatt) 11.5; 3 Taiwo Adereni (HHH, U20) 11.7; 4 Troy Harris (HHH) 11.8; 5 Taj Johnson (HHH, U15) 12.0

200: 1 Jason Hussain (Belg) 21.5; 2 Dwayne Dowding (HW) 22.2; 3 Oweka Wanogho (Croy) 22.7; 4 Stedson Dockery (HHH, U20) 22.8; 5 Neil White (Serp) 24.8; 6 Dave Lovell (SoC, M45) 28.7; 7 Paul Mitchell (SLH, M40) 30.4

200 (n/s A): 1 Daryl Thomas (unatt, U20) 23.4; 2 Yomi Adeyemi (HHH, U20) 23.4; 3 Rorie Robinson (HHH, U17) 23.6; 4 Taj Johnson (HHH, U15) 24.8; 5 Steve Harrison (SoC) 27.1

200 (n/s B): 1 Byron Robinson (HHH) 23.1; 2 Clement Boateng (HHH, U20) 23.1; 3 Ashley Noble (HHH) 23.4; 4 Jean-Pauk Hazeley (Lon Hth) 24.2

200 (n/s C – mx): 1 Denise Osei (HHH, U15G) 25.9; 2 Sylvia Amgbaduba (HHH, U15G) 28.6; 3 Jamir Harris (HHH, U15) 29.8; 4 Cumi Simpson (HHH, U13G) 31.6; 5 Sarah Knox (Serp, W35) 33.2; 6 Yasmin Anderson (SoC, W) 33.3

400: 1 Melvyn Anukam (Belg) 50.9; 2 Lawrence Mensah (HHH) 52.7; 3 Eliot Osher (SoC, U20) 54.8; 4 Mark Baker (HW, M45) 55.7; 5 Terry Lapins (Croy) 62.9; 6 Darren Nicolas (Serp) 64.3; 7 Paul Mitchell (SLH, M40) 69.7

400 (n/s A - mx): 1 Richard Menzies (unatt) 51.9; 2 Sylvester Akpalara (HHH, U15) 53.2; 3 Jordan Musompa (HHH, U17) 53.5; 4 Bill Awere (Lon Hth, U20) 57.9; 5 Stephen McDuell (HW, M40) 60.3; 6 Sarah Knox (Serp, W35) 75.0

400 (n/s B – mx): 1 Burton Dredge (HHH, U17) 55.5; 2 Kerrick Sinclair (HHH) 58.3; 3 Monique Davis (HHH, W) 59.8; 4 Daniel Ewens (HHH) 62.5; 5 Emmanuel Okwera (HHH, U15) 62.5

800: 1 Martin Rowe (Croy) 1:59.3; 2 Adam Van Denberg (HW) 2:01.1; 3 Deron Fagan (HHH) 2:10.1; 4 Mark Humphrey (Belg) 2:14.1; 5 Ebrima Noble (Serp) 2:16.9; 6 Sam Hardy (SLH) 2:18.7; 7 Steve Hamson (SoC) 2:33.9

800 (n/s – mx): 1 Thomas Ashby (HHH, U20) 2:08.7; 2 Mike Cummings (HHH) 2:08.9; 3 Alex Openshaw (Serp, W) 2:27.9; 4 Vicki Goodwin (Belg, W) 2:29.5; 5 Julie Wedmore (HHH, U17W) 2:31.1; 6 Amber Wright (HHH, U15G) 2:33.3; 7 Monica Kiraly (Serp, W) 2:43.4; 8 Natalie Osher (SoC) 2:57.9; 9 Betina Shreck (Serp, W) 3:13.1

1500 (mx): 1 Tim Elsey (HHH) 4:10.2; 2 Ben Cummings (HW) 4:17.8; 3 Matt Morgan (SoC) 4:19.7; 4 John Flahivy (Lon Hth, M40) 4:26.7; 5 Dave Mason (Belg) 4:28.9; 6 Deon Coetzee (HW) 4:31.3; 7 Sam Knight (HHH) 4:32.0; 8 Robert Norville (Belg) 4:40.7; 9 Steve Newton (HW, M50) 4:41.5; 10 Nicolas Batten (SoC, U17) 4:43.7; 11 Dan Gillett (SLH) 4:47.1; 12 Terry O'Neill (Belg, M55) 4:48.7; 13 Ed Smith (Belg) 4:49.6; 14 Tony Harran (HHH, M45) 4:52.1; 15 Peter Lee (HW, M40) 4:53.8; 16 Thomas Davies (HHH, U15) 5:07.0; 17 Steve Knight (HHH, M55) 5:09.5; 18 Zoe Vail (Belg, W) 5:10.0; 19 Alessandro Brandimarti (Serp) 5:19.1; 20 Nicki Morgan (SLH, W35) 5:25.1; 21 Lex Rees (HHH, W) 5:25.3; 22 Rebecca Barrow (HHH, W35) 5:37.9; 23 Rebecca Barrow (Serp, W) 6:37.0

3000 (mx): 1 Ali Hammad (HHH) 8:49.0; 2 Belal Aly (HW) 8:54.4; 3 Richard Xerri (HW) 9:16.0; 4 Mike Trees (Belg, M45) 9:17.9; 5 Matt Morgan (SoC) 9:30.7; 6 Lander Guy (Belg) 9:42.5; 7 Ebrima Noble (Serp) 10:08.0; 8 James Ward (HHH) 10:08.6; 9 Hugh Saxby (HW, M50) 10:10.2; 10 Peter Lee (HW, M40) 10:12.1; 11 Naomi Warner (HW, W) 10:12.6; 12 Colin Oxlade (Croy, M45) 10:13.9; 13 Sarwar Khan (HHH) 10:18.8; 14 Lance Power (HW) 10:31.0; 15 Tony Harran (HHH, M45) 10:34.2; 16 Michelle Jenkins (SLH, W) 10:36.5; 17 Paul Mitchell (SLH, M40) 10:41.4; 18 Claire Grima (HW, W) 10:51.6; 19 Dave Batten (SoC) 10:55.8; 20 Edmund Barrow (HHH) 11:11.4; 21 Zach Weller-Davis (HHH, U15) 11:15.5; 22 Yuzo Saito (HW) 11:17.4; 23 Tim Ridley (HHH) 11:19.1; 24 Matt Kiernan (Croy) 11:25.1; 25 Marielle Vestlund (Serp, W35) 11:33.4; 26 Anna Garnier (HW, W50) 11:54.7; 27 Andy Lea-Gerrard (HHH, M55) 13:56.3; 28 Eric Campbell (Croy, M40) 14:57.7

400H: 1 Dave Mason (Belg) 67.7; 2 Matt Morgan (SoC) 70.4; 3 Terry Lapins (Croy) 71.7; 4 Mark White (HHH) 72.4; 5 Alessandro Brandimarti (Serp) 81.3; 6 Paul Mitchell (SLH, M40) 82.7

400H (n/s): 1 Didier Sorell (Lon Hth) 63.6; 2 Terry Hall (R&SB, M55) 76.9

PV: 1 James Everard (Belg) 2.20; 2 Andy Del Nevo (Croy, M40) 2.10; 3 Simon Cook (HW) 1.40

LJ: 1 David Wellstead (Belg) 6.29; 2 Darren Brown (SLH) 6.25; 3 Michael Adjei-Tabirade (HW, U17) 6.03; 4 John Smith (HHH) 5.46; 5 Terry Lapins (Croy) 4.74; 6 Darren Nicolas (Serp) 3.84. **n/s:** Ashok Jamdagni (Serp, M60) 3.79

SP (7.26kg): 1 Anthony Soalla-Bell (HHH) 13.80; 2 Roy Collier (Belg) 11.61; 3 Alessandro Brandimarti (Serp) 9.68; 4 Simon Cook (HW) 9.06; 5 Chris King (Croy, M50) 8.07; 6 Kevin Burnett (SoC, M65) 5.51. **n/s:** Peter Mayfield (Belg) 10.15; James Everard (Belg) 9.50; David Ewens (HHH) 8.13; David Lovell (SoC, M45) 7.55; Clarence Riley (Croy) 7.41

JT (800g): 1 James Everard (Belg) 54.79; 2 Richard Boah (Croy) 48.15; 3 Thomas Ashby (HHH) 43.58; 4 Simon Cook (HW) 31.38; 5 Alessandro Brandimarti (Serp) 28.22; 6 Dave Lovell (SoC, M45) 23.61. **n/s:** David Wellstead (Belg) 41.93; Peter Mayfield (Belg) 39.40; Brad K-hay (Croy) 39.33

4x200: 1 Herne Hill H 1:36.5; 2 London Heathside (gst) 1:37.5; 3 Hercules Wimbledon 1:41.9; 4 Belgrave H 1:44.9; 5 Striders of Croydon 1:49.3; 6 Croydon H 1:49.4; 7 South London H 1:52.3; 8 Serpentine 2:04.5

Standings after four matches: 1 Herne Hill H 21 (214); 2 Serpentine 21 (197); 3 Croydon H 19 (203); 4 Belgrave H 17 (190); 5 Striders of Croydon 15 (168); 6 Hercules Wimbledon 12 (158); 7 South London H 6 (100)

Women

Match: 1 Serpentine 32; 2 Croydon H 25; 3 Striders of Croydon 11; 4 Belgrave H 5

100: 1 Yasmin Anderson (SoC) 15.5; 2 Sarah Knox (Serp, W35) 15.6; 3 Ivonne Fernando-Bohnar (Croy) 15.9

100 (n/s): 1 Denise Osei (HHH) 12.5; 2 Katie Snowden (HHH, U15) 12.9; 3 Sylvia Amgbaduba (HHH, U15) 13.5; 4 Shamilla Simms (HHH, U15) 13.5; 5 Jamir Harris (HHH, U15); 6 Cumi Simpson (HHH, U15); 7 Barnaby Davies (HHH, U15B) 14.6; 8 Natalie Osher (SoC) 15.5

200: 1 Odette Campbell (Croy) 26.6; 2 Alex Openshaw (Serp) 30.1; 3 Vicki Goodwin (Belg) 30.6; 4 Natalie Osher (SoC) 32.1

LJ: 1 Sarah Knox (Serp, W35) 3.89; 2 Linda Harrison (Croy, W55) 2.59. **n/s:** Alice Campbell (Croy) 2.38

SP (n/s - 4kg): 1 Gabrielle Roseje (HHH) 9.62; 2 Samantha Dyson (Croy) 7.62

JT (600g): 1 Samantha Dyson (Croy) 24.28; 2 Stephanie Vaatz (Serp) 7.91. **n/s:** Carole Stone (SBH) 35.52

4x200: 1 Serpentine 2:12.9

Standings after four matches: 1 Serpentine 28 (118); 2 Striders of Croydon 21 (63.5); 3 Croydon H 17 (61.5); 4 Herne Hill H 15 (35); 5 Belgrave H 10 (24); 6 South London H 2 (7); 7 Hercules Wimbledon 1 (3)

Men	Belgrave	Croydon	HW	HHH	Serp	SLH	SoC
100m	7	6	3	5	1	4	2
200m	7	5	6	4	3	1	2
400m	7	3	4	6	2	1	5
800m	4	7	6	5	3	2	1
1500m	4		6	7	2	3	5
3000m	5	2	6	7	3	1	4
400mH	7	5		4	3	2	6
Pole V	7	6	5				
Long J	7	3	5	4	2	6	
Shot	6	3	4	7	5		2
Javelin	7	6	4	5	3		2
4x200m	5	3	6	7	1	2	4
Totals	73	49	55	61	28	22	33
Positions	1	4	3	2	6	7	5
Match Pts	7	4	5	6	2	1	3
B/F	10 (117)	15 (154)	7 (103)	15 (153)	19 (169)	5 (78)	12 (135)
Totals	17 (190)	19 (203)	12 (158)	21 (214)	21 (197)	6 (100)	15 (168)
Lge Pos	4	3	6	1	2	7	5

Women	Belgrave	Croydon	HW	HHH	Serp	SLH	SoC
100m		5			6		7
200m	5	7			6		4
Long J		6			7		
Javelin		7			6		
4x200m					7		
Totals	5	25			32		11
Positions	4	2			1		3
Match Pts	4	6			7		5
B/F	6 (19)	11 (36.5)	1 (3)	15 (35)	21 (86)	2 (7)	16 (52.5)
Totals	10 (24)	17 (61.5)	1 (3)	15 (35)	28 (118)	2 (7)	21 (63.5)
Lge Pos	5	3	7	4	1	6	2

Results by Pete Mulholland petehwac@aol.com