

# SOUTHERN MEN'S LEAGUE

VENUE: Kingsmeadow

DATE: 2 August 2008

MATCH: 5

WEATHER: Rain and shine

EVENT	A STRING			B STRING		
	Place	NAME	Result	Place	NAME	Result
100 m	1	Jeffrey Ocrach	11.1	2	Josh Dada	12.0
200 m	1	Jeffrey Ocrach	22.8	2	Jordan Musompa	24.1
400 m	3	Josh Dada	53.1	2	Kendrick Sinclair	55.2
800 m	3	Matt Burke	2:04.9	1	Sam Knight	2:14.2
1500 m	4	Sam Knight	4:35.5	2	Jonathan Stead	4:40.1
5000m	3	Brian Wilder	16:15.6	1	Jonathan Stead	16.28.8
110 m H						
400 m H	3	Jordan Musompa	71.8	2	Mark White	75.3
3000 m SC	1	Sarwar Khan	11:10.3	1	James Ward	12:32.0
Long Jump	4	Jordan Musompa	4.76m	4	James Ward	3.07m
High Jump	3	Sarwar Khan	1.55m	1	Sam Knight	1.50m
Triple Jump	4	Mark White	8.65m	3	Andy Lea-Gerrard (M55)	7.12m
Pole Vault	4	Eustace Northey (M50)	2.40m	3	Sarwar Khan	2.20m
Shot	3	Des Austin (M40)	9.63m	2	Daniel Ewens	8.41m
Discus	4	Des Austin (M40)	19.50m	4	Andy Lea-Gerrard (M55)	15.75m
Javelin	4	Eustace Northey (M50)	27.50	2	Andy Lea-Gerrard (M55)	21.70m
Hammer	1	Des Austin (M40)	32.13	2	Andy Lea-Gerrard (M55)	18.08m
4 X 100 m		Disqualified				
4 X 400 m			4:11.7			

## FINAL RESULT:

PLACE	TEAM	
1	Epsom & Ewell Harriers	95
2	Haywards Heath/Lewes	86
3	Herne Hill Harriers	83
4	Blackheath & Bromley Harriers AC	75
5		

## FINAL LEAGUE POSITION

PLACE		Match	League
11	Herne Hill Harriers	399.5	10