

SOUTHERN MEN'S LEAGUE

VENUE: Tooting Bec

DATE: 3 May 2008

MATCH: 1

WEATHER: Sunny

EVENT	A STRING			B STRING		
	Place	NAME	Result	Place	NAME	Result
100 m	1	Jeffrey Ocras	10.9	1	Clement Boateng	11.3
200 m	1	Jeffrey Ocras	22.3	1	Stedson Dockery	22.7
400 m	3	Zakiel Monium	55.1	2	Josh Dada	54.2
800 m	3	Jeff Cunningham	2:05.2	4	James Ward	2:25.7
1500 m	4	Jeff Cunningham	4:33.1	3	James Ward	5:00.1
5000m	3	Mike Cummings	16:51.9	3	Tony Harran	17:28.9
110 m H	1	Akin Oyedirian	20.0			
400 m H	3	Mark White	74.6	3	Akin Oyedirian	1:41.6
3000 m SC	2	Jeff Cunningham	10:22.6	2	James Ward	12:33.5
Long Jump	3	Akin Oyedirian	5.56m	2	Rorie Robinson	5.43m
High Jump	3	Akin Oyedirian	1.60m	4	James Ward	1.08m
Triple Jump	1	Akin Oyedirian	13.45m	2	Clement Boateng	12.10m
Pole Vault	1	Eustace Northey	2.20m			
Shot	2	Des Austin	9.74	2	Daniel Ewans	8.29
Discus	3	Des Austin	29.08m	4	Mike Cummings	9.99m
Javelin	4	Mark White	26.30m	3	Des Austin	25.83m
Hammer		No competition			No competition	
4 X 100 m	4	Mark White, Mike Cummings, Josh Dada, Stedson Dockery	52.2			
4 X 400 m	4	Mark White, Mike Cummings, Jeff Cunningham, James Ward	4:26.3			

FINAL RESULT:

PLACE	TEAM	
1	South London Harriers	103
2	Herne Hill Harriers	84
3	Serpentine	82
4	Medway & Maidstone	75
5		

CURRENT LEAGUE POSITION

PLACE		Match	League
	Herne Hill Harriers	84	3