

Rosenheim League – Eastern Division – Match 5

Tooting Bec

July 8, 2009

MATCH: 1 Belgrave H 72; 2 Herne Hill H 66; 3 Hercules Wimbledon 48; 4 Serpentine 41; 5 Croydon H 40; 6 Striders of Croydon 27; 7 South London H 22

100m: 1 AJ Boyce (HHH) 11.3; 1 Shaun Marcus (Belg) 11.5; 3 Billy Porter (SLH, U20) 11.7; 4 Elliott Osher (SoC, U20) 12.7; 5 Tom Meehan (HW, U17) 12.8; 6 Matthew Kiernan (Croy) 14.0; 7 Nick Barberis (Serp) 14.3

100m (n/s 1): 1 Idowu Akindele (Sutton) 11.0; 2 Jeffry Ocrach (HHH) 11.0; 3 Sammy Mensah (HHH) 11.1; 4 Nengi Ossai (SB) 11.1; 5 Byron Robinson (HHH) 11.3; 6 Ryan Ffrench (HHH) 11.3

100m (n/s 2): 1 Andre Thomas-Richards (HHH, U17) 11.6; 2 Roger Clarke (unatt) 11.6; 3 Daryell Powell (HHH) 11.8; 12 Lionel Grelet (E&H) 11.8; 5 Ben Davies (Belg) 12.8

100m (n/s 3): 1 Adam Mohammed (SB) 11.5; 2 Aaron Broderick (Kent) 11.8; 3 Hari Williams (B&H) 11.9; 3 Alessandro Brandimarti (Serp, M35) 14.3. (No. 56 dnf)

100m (n/s 4): 1 AJ Boyce (HHH) 11.4; 2 Andrew Thomas-Richards (HHH, U17) 11.5; 3 Blade Ashby (HHH, U17) 11.7; 4 Taiwo Aderini (HHH, U20) 11.9; 5 Thomas Ashby (HHH, U20) 12.6; 6 Alexander Bonnick (SLH) 12.8

200m: 1 Melvyn Anukam (Belg) 23.0; 2 AJ Boyce (HHH) 23.3; 3 Billy Porter (SLH, U20) 23.8; 4 Elliott Osher (SoC) 25.3; 5 Kennot Lindsey (Croy) 25.8; 6 Geordie Logan (HW, U17) 26.9; 7 Theodore Chen (Serp) 31.1

200m (n/s 1): 1 Byron Robinson (HHH) 22.1; 2 Nengi Ossai (SB) 22.4; 3 Jeffry Ocrach (HHH) 22.7; 4 Andre Thomas-Richards (HHH, U17) 23.4; 5 Sean Reidy (Belg) 24.3; 6 Simon Lewis (Belg) 24.4

200m (n/s 2): 1 Femi Owolade (unatt) 21.8; 2 Aaron Broderick (Kent) 23.6; 3 Richard McMillan (Belg) 29.1; 4 Leanne Bettis (DMV, U17W) 30.1; 5 Leila Abandah (HHH, U15G) 30.7

400m: 1 Samuel Adeyemi (HHH) 50.3; 2 Peter Phillips (HHH) 50.7; 3 Joe Van Der Toorn (Belg) 51.4; 4 Martin Rowe (Croy, M35) 55.2; 5 Geordie Logan (HW, U17) 58.2; 6 Nick Barberis (Serp) 63.8; 7 Paul Mitchell (SLH, M50) 70.9; 8 Andy Elliott (SoC) 87.2

400 (n/s): 1 Vladimir Woodham-Smith (Belg, U17) 56.2; 2 Tim Elsey (HHH) 57.2; 3 Michelle Watson (HHH, W) 63.6; 4 Richard McMillan (Belg) 64.8; 5 Alexandra Shamoll (HHH, W) 68.6

800m: 1 James Trapmore (HW) 2:00.8; 2 Johnny Henderson (HHH) 2:02.7; 3 Mark Humphrey (Belg) 2:06.4; 5 Andrew Taylor (Serp) 2:24.3; 5 Colin Oxlade (Croy, M50) 2:33.1; 6 Paul Mitchell (SLH, M45) 2:36.8; 7 Andy Elliott (SoC) 3:13.2

800m (n/s): 1 Richard Vanderpuijje (HW) 2:05.1; 2 Robert Norville (Belg) 2:07.9; 3 Charles Smith (Belg) 2:10.5; 4 Stephen McDuell (HW, M40) 2:12.5; 5 Lascelles Hussey (HHH, U13) 2:19.2; 6 Simon Loach (Serp) 2:20.2; 7 Alex West (HHH, U15G) 2:31.5; 8 Theodore Chen (Serp) 2:34.7; 9 John Tayleur (HHH, U15) 2:37.0

1500m: 1 Kevin Quinn (HHH) 4:00.7; 2 James Trapmore (HW) 4:11.3; 3 Mike Cummings (HHH) 4:14.4; 4 Matthew Morgan (SoC) 4:23.3; 5 Dave Mason (Belg) 4:31.9; 6 Simon Loach (Serp) 4:42.9; 7 Nick Barberis (Serp) 4:54.4; 8 Andrew Taylor (Serp) 4:58.0; 9 Adam Gambi (HHH) 5:00.2; 10 Colin Oxlade (Croy, M50) 5:03.2; 11 Peter Emery (SLH) 2:23.6; 12 Alan Dolton (SoC, M50) 5:26.5; 13 Paul Rutherford (Serp) 5:28.5; 16 Stephanie Vaatz (Serp, W) 6:44.4

3000m: 1 Richard Ward (Belg) 8:46.7; 2 James Trapmore (HW) 9:09.3; 3 Jordan Maurice (Croy, U17) 9:11.8; 4 Matthew Morgan (SoC) 9:19.6; 5 Steve Starvis (SoC, M35) 9:53.7; 6 James Ward (HHH) 10:07.5; 7 Andrew Taylor (Serp) 10:31.5; 8 Neil Guthrie (HW, M35) 10:38.9; 9 Paul Mitchell (SLH, M45) 10:41.7; 10 Peter Emery (SLH) 11:45.4; 11 Tamsin Cornelius (HHH, U17W) 12:12.4; 12 Sarah Knox (Serp) 12:23.9; 13 Jill Lightfoot (Croy, W) 13:31.4

110mH: 1 Blade Ashby (HHH, U17) 17.4; 2 Simon Lewis (Belg) 18.4; 3 Didier Sorell (HHH) 20.2; 4 Charles Lescott (Serp) 25.7

Pole Vault: 1 Peter Mayfield (Belg) 2.80; 2 Steve Paston (HHH) 2.80; 3 Andy Del Nevo (Croy, M40) 2.00; 4 Charles Lescott (Serp) 1.50. **n/s:** Thomas Ashby (HHH, U20) 3.80; Didier Sorell (HHH) 3.20

Triple Jump: 1 David Wellstead (Belg) 13:46; 2 Taiwo Aderini (HHH) 12.13; 3 Chima Odum(HW, U17) 11.68; 4 Alexander Bonnick (SLH) 11.57; 5 Andrew Taylor (Serp) 9.95; 6 Matthew Kiernan (Croy) 7.36 **n/s:** Nnamdi Odum (HW, U20) 13.02; AJ Boyce (HHH) 11.57

Shot (7.26kg): 1 Alessandro Brandimarti (Serp, M35) 11.11; 2 Peter Mayfield (Belg) 11.10; 3 Didier Sorell (HHH) 7.88; 4 Tom Pollak (HW, M65) 5.61; 5 Kevin Burnett (SoC, M65) 5.27; 6 Paul Mitchell (SLH, M45) 5.03; 7 Colin Oxlade (Croy, M50) 4.32. **n/s:** Peter Gibbons 8.65

Javelin (800g): 1 Richard Baah (Croy) 47.97; 2 Gavin Johnson-Assoon (HHH) 46.05; 3 Justin Miller (HW) 42.29; 4 Chris Privett (Belg, M45) 32.70; 5 Peter Gibbons (Serp) 28.00; 6 Kevin Burnett (SoC, M65) 15.46. **n/s:** Garth Francis (HHH) 30.60; Charles Lescott (Serp) 19.69

4x200m: 1 Belgrave H 1:38.1; 2 Hercules Wimbledon 1:43.6; 3 Croydon H 1:51.4; 4 Serpentine 1:54.5; 5 Striders of Croydon 2:09.8

Note: HHH (n/s) 1:30.6 and SLH (n/s) 1:30.9 both DQ

Positions after five fixtures: 1 Belgrave H 33 (353); 2 Herne Hill H 29.5 (301); 3 Hercules Wimbledon 21 (227); 4 Serpentine 20 (215); 5 Croydon H 18.5 (206); 6 Striders of Croydon 12.5 (169); 7 South London H 5 (94)

Women

MATCH: 1= Belgrave H/Croydon H 21; 3 Serpentine 18; 4 Herne Hill H 7

100m: 1 Jodie Favell (Belg) 13.6; 2 Sarah Knox (Serp) 16.1; 3 Linda Harrison (Croy, W55) 22.0

3000m (extract from main race): 1 Tamsin Cornelius (HHH, U17W) 12:12.4; 2 Sarah Knox (Serp) 12:23.9; 3 Jill Lightfoot (Croy, W) 13:31.4

Triple Jump: 1 Jodie Favell (Belg) 10:13; 2 Linda Harrison (Croy, W55) 5.44

Shot (4kg): 1 Jodie Favell (Belg) 9.05; 2 Mary Davies (Serp) 6.36; 3 Linda Harrison (Croy, W55) 4.96. **n/s:** Poppy Lenton (Serp) 5.46

Positions after five matches: 1 Serpentine 32 (120); 2 Belgrave H 24.5 (81); 3 Croydon H 24.5 (65); 4 Herne Hill H 19 (47); 5 Striders of Croydon 16 (43); 6 Hercules Wimbledon 5 (8)

Men	Belgrave	Croydon	HW	HHH	Serp	SLH	SoC
100m	6	2	3	7	1	5	4
200m	7	3	2	6	1	5	4
400m	6	5	4	7	3	2	1
800m	5	3	7	6	4	2	1
1500m	4	2	6	7	3	1	5
3000m	7	5	6	3	2	1	4
110mH	6			7	5		
PV	7	5		6	4		
TJ	7	2	5	6	3	4	
SP	6	1	4	5	7	2	3
JT	4	7	5	6	3		2
4x200m	7	5	6		4		3
Totals	72	40	48	66	41	22	27
Positions	1	5	3	2	4	7	6
M Pts	7	3	5	6	4	1	2
B/F	26 (281)	15.5 (166)	16 (179)	23.5 (235)	16 (174)	4 (72)	10.5 (142)
Totals	33 (353)	18.5 (206)	21 (227)	29.5 (301)	20 (215)	5 (94)	12.5 (169)
Positions	1	5	3	2	4	7	6

Women	Belgrave	Croydon	HW	HHH	Serp	SLH	SoC
100m	7	5			6		
3000m		5		7	6		
TJ	7	6					
SP	7	5			6		
Totals	21	21		7	18		
Positions	1=	1=		4	3		
M Pts	7	6		4	5		
B/F	18 (60)	18 (46)	5 (8)	15 (40)	27 (102)		16 (43)
Totals	25 (81)	24 (65)	5 (8)	19 (47)	32 (120)		16 (43)
Positions	2	3	6	4	1		5